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4-H is...

4-H CLUBS
IN
THE
UNITED
STATES

FEB
12, 1953

4-H
CLUB
YEAR



Extension Service

U.S. Department
of Agriculture

PA-1153

4-H is . . .

4-H is an informal, practical, learning-by-doing educational program for youth. It helps them establish real-life goals and become competent, productive citizens. And they have fun in the process! In 4-H, young people learn about and solve problems facing them and their communities. The knowledge and skills they acquire in 4-H can open the door to a lifetime of personal growth.

Who . . .

4-H is for all youth—rural and urban—from all racial, cultural, economic and social backgrounds. It reaches girls and boys as members of 4-H clubs, in special-interest groups, in short-term projects. It reaches them through television, camping and in programs planned to meet their specific needs in communities where they live.

*Learning by doing
develops self
reliance.*



Where . . .

4-H involves young people everywhere—in big cities and little towns, in the country and in the suburbs, on Indian reservations, and in the District of Columbia, Puerto Rico, Virgin Islands, and Guam. They meet in the homes of members or their leaders, in school, or in other community buildings. 4-H is found wherever professional Extension personnel and volunteer leaders are available to conduct the program. Youth organizations in more than 80 countries around the world have adapted the 4-H idea.

*Marine science spurs
appreciation of
environment.*



Projects . . .

Some of the most popular projects today are: food-nutrition, clothing, home improvement, home grounds beautification, health, safety, and leadership. New projects range from aerospace to theatics and karate.

In rural areas, 4-H members may work with livestock, crops, poultry, forestry, marketing, machinery, and learn up-to-date farming methods.

Popular with city, suburban, and rural youth alike are projects in community development, electricity, environmental protection and conservation, home gardening, photography, public speaking, woodworking, entomology,

A 4-H livestock project teaches responsibility.





*Teen leaders grow by
sharing skills with
younger members.*

small engines, grooming, and personal development.

Older girls and boys are challenged by projects in automotive care and safety, career studies, money management, consumer education and leadership.

Flexibility is the key to today's 4-H projects—flexibility in the kinds of learning offered, and in the variety and scope of projects.

To get in touch with 4-H . . .

Your county Extension agent can give you information about the 4-H program where you live. Or, write to the Cooperative Extension Service of your state land-grant university listed on the following page, or to the Extension Service, U.S. Department of Agriculture, Washington, D.C. 20250.

The Extension Service of the U.S. Department of Agriculture offers its programs to all eligible persons regardless of race, color, or national origin, and is an equal opportunity employer.

Cooperative Extension Service addresses:

Alabama—Auburn University, Auburn 36830
Alaska—University of Alaska, Fairbanks 99701
Arizona—University of Arizona, Tucson 85721
Arkansas—P.O. Box 391, Little Rock 72203
California—University of California,
2200 University Ave., Berkeley 94720
Colorado—Colorado State University, Fort Collins 80521
Connecticut—University of Connecticut, Storrs 06268
Delaware—University of Delaware, Newark 19711
District of Columbia—Federal City College and
Washington Technical Institute,
1331 H St. N.W., Washington 20005
Florida—University of Florida, Gainesville 32601
Georgia—University of Georgia, Athens 30601
Guam—University of Guam, P.O. Box EK, Agana 96910
Hawaii—University of Hawaii, Honolulu 96822
Idaho—University of Idaho, Morrill Hall, Moscow 83843
Illinois—University of Illinois, Urbana 61801
Indiana—Purdue University, Lafayette 47907
Iowa—Iowa State University, Ames 50010
Kansas—Kansas State University, Manhattan 66506
Kentucky—University of Kentucky, Lexington 40506
Louisiana—Louisiana State University, Baton Rouge 70803
Maine—University of Maine, Orono 04473
Maryland—University of Maryland, College Park 20742
Massachusetts—University of Massachusetts, Amherst 01002
Michigan—Michigan State University, East Lansing 48823
Minnesota—University of Minnesota, St. Paul 55101
Mississippi—Mississippi State University,
Mississippi State 39762
Missouri—University of Missouri, 309 University Hall,
Columbia 65201
Montana—Montana State University, Bozeman 59715
Nebraska—University of Nebraska, Lincoln 68503
Nevada—University of Nevada, Reno 89507
New Hampshire—University of New Hampshire,
Taylor Hall, Durham 03824
New Jersey—Rutgers—The State University,
P.O. Box 231, New Brunswick 08903
New Mexico—New Mexico State University, Las Cruces 88001
New York—N.Y. State College of Agriculture, Ithaca 14853
North Carolina—North Carolina State University, Raleigh 27607
North Dakota—North Dakota State University, Fargo 58102
Ohio—Ohio State University, 2120 Fyffe Rd., Columbus 43210
Oklahoma—Oklahoma State University, Stillwater 74074
Oregon—Oregon State University, Corvallis 97331
Pennsylvania—The Pennsylvania State University,
University Park 16802
Puerto Rico—University of Puerto Rico, Rio Piedras 00928
Rhode Island—University of Rhode Island, Kingston 02881
South Carolina—Clemson University, Clemson 29631
South Dakota—South Dakota State University, Brookings 57006
Tennessee—University of Tennessee, Knoxville 37901
Texas—Texas A&M University, College Station 77843
Utah—Utah State University, Logan 84321
Vermont—University of Vermont, Burlington 05401
Virginia—Virginia Polytechnic Institute and
State University, Blacksburg 24061
Virgin Islands—P.O. Box L, Kingshill, St. Croix 00850
Washington—Washington State University, Pullman 99163
West Virginia—West Virginia University, 294 Coliseum,
Morgantown 26506
Wisconsin—University of Wisconsin, 432 North Lake St.,
Madison 53706
Wyoming—University of Wyoming, Box 3354 Univ. Station,
Laramie 82070

4-H Emblem:



A green four-leaf clover with a white "H" on each leaf. The four H's stand for **HEAD**, **HEART**, **HANDS**, and **HEALTH**.

4-H Motto:

"To make the best better."

4-H Colors:

Green and white.

4-H Pledge:

I pledge:

My **HEAD** to clearer thinking,
My **HEART** to greater loyalty,
My **HANDS** to larger service, and
My **HEALTH** to better living,
for my club, my community, my country,
and my world.